

NEW!

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WHOLESOME SWEETENERS

ORGANIC COCONUT PALM SUGAR



Perfect for baking, oatmeal & in beverages
FAIRLY TRADED & SUSTAINABLY GROWN
NET WEIGHT 1 LB (16 OZ) • 454 g

ORGANIC COCONUT PALM SUGAR

Wholesome Sweeteners' Organic Coconut Palm Sugar is a rich unrefined brown sugar with a deep caramel flavor. It is produced by tapping the sweet nectar from the tropical coconut flower and drying the nutrient rich juice in a large open kettle drum. The juice condenses into a delicious whole brown sugar that adds natural color and a depth of flavor to baking and is wonderfully sprinkled over oatmeal and in smoothies. Coconut Palm Sugar adds a tropical flare to recipes and can be used as a 1-for-1 replacement for brown sugar in recipes.

Nutrition Facts
Serving Size 1 Tbsp (14g)
Servings Per Container 113

Amount Per Serving		% Daily Value*
Calories	10	Calories from Fat 0
Total Fat	0g	0%
Subj. Fat	0g	0%
Trans Fat	0g	0%
Sodium	0mg	0%
Total Carbohydrates	4g	1%
Sugars	4g	
Protein	0g	

*Percent Daily Values are based on a diet of whole foods.

CAROL KREINSKI'S

Gluten Free Sweet & Salty Brownies



Ingredients:

- 1 1/2 cups good quality semisweet chocolate chips
- 1 cup softened unsalted butter
- 2 large cage free eggs
- 1 cup Wholesome Sweeteners' Coconut Palm Sugar
- 6 tbsp unsweetened cocoa powder
- 2 tbsp cornstarch

- 1/2 tsp salt or kosher or fine sea salt
- 1 tsp instant espresso powder
- 1 tsp pure vanilla extract
- 1/2 cup salted, dry-roasted peanuts, chopped

Method: Preheat the oven to 375°F. Line a 9" x 12" baking dish with parchment paper. Put the chocolate chips and butter in the food processor and pulse a few times to roughly combine. Add the eggs, coconut palm sugar, cocoa powder, cornstarch, salt, espresso powder and vanilla and blitz until combined, batter is supposed to be lumpy. Spread the mixture into the prepared baking dish. Sprinkle chopped nuts over the top and gently press into the batter. Bake 15-20 minutes or until the batter is set and it feels slightly firm to the touch. The outer edges will be a little drier than the inside. Cut into squares.

Made from dried Coconut Palm Nectar

Rich, moist organic brown sugar

Hand harvested, sustainably grown, and produced by small farmer cooperatives on the island of Java

Vegan

GF Naturally Gluten Free

1 2 2 76 JAN 18 1 09

Available at www.wholesomesweeteners.com